

Nisqually Elders menu (360)486-9546

Va & Titan, Cooks

menu subject to change

Non-elder price \$4.00

NOVEMBER 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Salsa Chicken Spanish Rice Veggie Blend Jello/Fruit	2 BBQ Ribs Potato Salad Red Beans Cornbread Jello/Fruit	3 Baked Pork Chops Potato Medley Roasted Veggies Fresh Fruit	4 Beef Stroganoff Buttered Noodles Veggie Blend Fresh Fruit	5 Chunky Beef Soup Fry Bread Fresh Fruit	6	7
8	9	10 CLOSED Thank You Veterans	11 Make Your Own Taco Pinto Beans Fresh Fruit	12 Curry Honey Mustard Chicken Brown Rice Asparagus Fresh Fruit	13	14
15 Swedish Meatball Buttered Noodles Veggie Blend Jello Fruit	16 Baked Turkey Baked Ham Mashed Potatoes Brussels Sprouts Huckleberry Dessert	17 (Cod) Fish & Chips Cole Slaw Fresh Fruit	18 Split Pea Soup Ham Sandwich Fresh Fruit	19	20	21
22 Baked Salmon Wild Rice Pilaf Wilted Spinach Jello/Fruit	23 Early Release No Lunch	24 CLOSED Happy Thanksgiving	25 CLOSED Thanksgiving Break	26	27	28
29 Kielbasa w/ Sauerkraut Oven Fried Potatoes Green Beans Jello/Fruit	30 Crisp Green Salad & Milk Served Every Day. Wheat Bread as Needed.					